

Prayer Shawl Instructions

Knitting and Crochet

Materials:

Knitting: Knitting Needle size 11 or 13
-OR-
Crochet: Size 'M', 'N' or 'P' crochet hook

Amount of yarn needed:

Knitted: 555 yards (*slightly bulky*) in the yarn of your choice.

**Crochet and larger shawls:
740 yards (*slightly bulky*) for longer shawls and 60+ stitches**

Or, use the recommended needle size listed on label,
adjusting pattern to obtain the desired width.

*The cost of yarn is rising, be creative and use yarns that
appeal to you and your price range.*

Before You Begin:

Because this is a spiritual practice, before one begins the knitting (crochet) process, a *blessing, prayer or wish* can be said, dedicating the work of your hands and the intentions of the receiver. You may want to light a candle and play soft music to enhance your knitting time, remembering that this is a prayerful time. When working in a group, you may want to pass the work-in-progress around the circle, asking each person to add some stitches to the shawl, or to just hold it for a while to add their prayers, energy and good wishes.



The Original Prayer Shawl - Knitting Pattern © 2012 All rights reserved.

Cast on stitches in multiples of three - 54, 57, or 60. For example, if you use size 11 needles and cast on 54 stitches, 3 skeins of 'slightly bulky' yarn is enough. Some yarns vary in elasticity which will affect your outcome, as will your knitting tension. If the yarn you have chosen has a multicolored stripe, be careful when tying on a new skein. Make sure the color sequence is correct. Also, tie on the new skein in the body of the shawl, instead of an edge, as the ends tend to show.

* **First Row:** k3, p3, to end

*** Second Row:**

Always start the next row with the opposite stitch of what you see.
For instance, if the first stitch on the needle is a knit, then start with a purl.

KNIT THE PURLS AND PURL THE KNITS!!!

It should NOT look like ribbing.

Note: If you cast on 57 stitches you will always start with K3



The Original Prayer Shawl Crochet Pattern © 2012 All rights reserved.

Developed by Rita Glod

Chain 54 stitches or desired width of shawl.

Chain 1, turn, single crochet in each of the stitches to end. Chain 3 and turn.

Double crochet in top of each single crochet. Repeat this row 2 more times.

Chain 1 and do 1 row of single crochet to end. Chain 3 and turn.

Do 3 rows of double crochet. Repeat pattern to end (1 row single, 3 rows double)

End with 1 row of single. Finish with fringe.

*Note: that crocheting typically uses more yarn than knitting, so you might have to adjust the width and size of hook or use another 1/2 skein.

It has been suggested that skeins of the same dye lot be purchased.

To Complete the shawl:

Knit (crochet) until the piece measures from wrist to wrist, or approximately 57-58" long. (Knitting: bind off with a knit row). Use what you have left to cut *fringe. Suggestion for fringe: you can also do this before using the last skein. Divide the pile in half and slip knot them to the ends, evenly spaced.

If the yarn is manufactured loosely wound, you might have to knot the ends of the fringe to keep it from unraveling.

Now that the shawl is completed:

Before you give it away, say a ***blessing, prayer or wish*** over the shawl, keeping the receiver in mind.

1998 - Written & Developed By Victoria Galo and Janet Bristow

It is important to us that the origins of this ministry be honored. We have worked diligently to keep this ministry a 'grass-roots' effort. These shawls are meant to be given away unconditionally and NOT to be sold.

The information on this site is provided freely for your personal use.

All copied material that is used for 'personal use' must have the Shawl Ministry web address (www.shawlministry.com) and credit given to the authors.

As all the material on this site is copyright protected, duplicating, distributing, or displaying any part of it, outside of personal use, is prohibited.

If you have any questions or concerns feel free to contact us at shawlministry@yahoo.com © 2012